



2020 DEPARTURES TBA

PRICE TBA



Kanazawa

TYPE Road

DURATION 6 nights, 7 days

SKILL LEVEL Level 4

FITNESS LEVEL Level 4

Group participants up to 14 people

Cycle Japan's 'Golden Route' which links the historic towns of Kanazawa, Shirakawago and Takayama through to the iconic Mt Fuji.

WHY BIKE TOURS JAPAN?

Local Knowledge We are based in Japan and have been in operation for 10 years. Having an intimate knowledge of the roads and locales enables us to craft amazing cycling journeys.

Flexibility Each day's ride allows for two or three distance choices for you to choose from.

Authentic Experiences Our routes take the back roads and are off the beaten path. You can be assured of seeing the real Japan.

Preparation We have excellent pre-trip support and each destination includes an information package specific to the area.

Travel Agency We are a registered travel agency and book all of your accommodation and transfer requirements.



OUR GUIDES bring together a collective experience gained from years of cycling in Japan and abroad. They are bilingual and reside full time in Japan.



BIKE TOURS JAPAN

Join our Community



ITINERARY Japan Sea to Sky

Bike Tours Japan reserves the right to make alterations and substitutions to the itinerary as weather or terrain conditions dictate or as necessary to improve the trip quality or to accommodate the comfort, convenience, and well-being of our guests.



DAY 1 Kanazawa Arrival

Travel to Kanazawa on the west coast of mainland Honshu. It was the castle town of the Maeda clan and during the Edo period, and at that time Japan's wealthiest domain. The hotel is located near the Kenroku Garden, one of Japan's most beautiful gardens and which evokes the affluence of the city's past.

DAY 2 The Mountain Village

Cycle out of Kanazawa on back roads in to the mountains where there are sweeping views of the Sea of Japan coastline. There will be two mountain passes, where you will see farmers tending to their rice fields. We will be making our way up to the districts of Gokayama and Shirakawa-go, well known for traditional thatched farmhouses. We will be having lunch in one of these traditional houses, before making our way to the mountain village of Shirakawa-go.

→ 49 or 86 km ↗ 1,950 m

DAY 3 The Merchant Town

The route will take us as far as the foothills of the Japanese Alps, and the city of Takayama. Due to its isolation in the mountains of Hida, it has been well preserved and feels like riding back in to time. We will finish at one of the sake breweries in the old section of town. Here there are elegant merchant Edo period homes made by legendary carpenters, who also built the imperial palace and temples in Kyoto. One of the delicacies of the area is the wagyu beef which we will enjoy as part of the evening meal.

→ 72 or 96 km ↗ 1,110 m

DAY 4 The Mountain Thermal Spring

We catch the local 'Asaichi,' or morning market out of town. It sells local crafts, snacks and farm produce. We will be cycling the highest road point in Japan which tops out at 2,700 meters. This is called the 'Skyline Road' that passes over the Japan Alps and descends in to Nagano Prefecture. Our destination is a thermal hot spring, which has opaque colored waters and contains therapeutic properties. The evening is in a traditional mountain ryokan.

→ 56 or 77 km ↗ 2,550 m

Day 5 Lake Suwa

We will be descending more than ascending today after the previous two big days. Our route follows the Azusa tributary and will partly follow the Edo period Nakasendo Way that linked Tokyo to the outlying provinces. Passing through Naraijuku, we will have the opportunity to see an Edo period township along this route. We then descend down valley to Lake Suwa, at the base of the Kiso Mountains.

→ 67 or 101 km ↗ 1,650 m

DAY 6 The Fuji Five Lakes

Our route continues south and our destination is Lake Kawaguchi which is one of the 'Fuji Five Lakes.' We will be cycling the back roads, descending 60 km down valley which will go through rice fields and then orchards of persimmon. The big ascent will take us to Lake Motosu, past Lake Saiko and then on to the hotel on the banks of Lake Kawaguchi. On a clear day, the iconic views of Mt Fuji will reflect off the surface of the lakes.

→ 40 or 103 km ↗ 1,150 m

DAY 7 Return Transfer

Farewell and airport transfer after breakfast.



TRIP LEVEL

The full days routes are approximately 100 km in distance with over 1,000 meters of vertical ascent. To fully enjoy this trip we recommend fitness levels where you are comfortable to ride these distances over multiple days. E-bikes are recommended for those wanting more leisurely days.



DETAILS



BICYCLES

Koga rental road bikes are available for this trip. These have an endurance geometry for full days in the saddle. E-bikes are also available to rent. We recommend bringing your own road bike on this trip so that you are most comfortable. Gearing should be set up for mountainous terrain.

ROADS AND TERRAIN

There are a myriad of roads that criss cross the island of Honshu. Our daily routes are mainly on the back roads which are mainly traffic free. In the mountainous interior you will be ascending on roads that wind up to passes. The average inclines are typically 5 or 6 percent, but can be as steep as 9 percent in sections.

LODGING AND FOOD

You will be staying in a combination of western hotels and traditional hot spring ryokan accommodations. These have indoor and outdoor hot springs. You will be accommodated in tatami rooms with futon bedding. The food is traditional cuisine. On some of the nights we will be eating out.

TRAVEL INSURANCE



Medical Insurance is mandatory on all trips and Travel Insurance is strongly

recommended. Please visit our recommended insurance provider World Nomads to learn more.

WHAT'S INCLUDED?

- 6 guided days
- 6 nights accommodation
- All meals
- Airport transfers & all transportation on guided days
- Detailed pre-departure information

WHAT'S NOT INCLUDED?

- Airfares
- Personal travel and medical insurance
- Optional tipping to guides
- Bicycle rental
- Drinks



WHY BIKE TOURS JAPAN

We are a Japan based guiding company in operation for ten years. Having an intimate knowledge of the roads and locales enables us to craft amazing cycling journeys. Japan is not just about the cycling but also the cultural and culinary experience, and it is this combination that truly makes for an unforgettable cycle journey.



DETAILS *continued*



BOOKING PROCESS

Call us at +81-167-225655 or email at info@biketoursjapan.com to confirm there's space on this trip. If Skype is preferred, please send us an email to arrange a time.

Make sure you have read and understand our 'Terms and Conditions' and also our 'Waiver' which we will send to you.

To confirm your spot please complete our secure 'Individual Form' on our website.

PAYMENT

Once you've completed our on-line registration form and we've confirmed that we have the number of participants for the trip, we will send you the booking policy. Please review our 'Terms & Conditions' for the full details on payment, cancellation and refund policies. The amount payable will need to be made in Japanese yen.

If you are paying with credit card there is a 5% processing fee. Another option is to pay via a bank remittance. Please contact us anytime to discuss your options.

SINGLE SUPPLEMENT

The single supplement is an additional fee for solo travelers who wish to have their own rooms during the trip.

QUESTIONS?

Feel free to call us at + 81-167-225655 or email info@biketoursjapan.com if you have any questions or need any additional information.

CONTACT US

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